

	Annamrita Foundation Annamrita-Food as pure as nectar			
	Document Name	SOP FOR SELF CARE		
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1. **Purpose:** To describe the procedure of self care of Protective Clothing and inspection of hygiene level of Clothes on a Regular basis.
2. **Scope:** All protective clothing used in Unit
3. **Responsibility:** Every Individual for washing of Protective Clothing, Concerned department, Admin & QA - for regular inspection of hygiene level of Clothes.
4. **Procedure:**
 - All the protective clothing to be soaked in fresh water preferably hot water to reduce microbial count.
 - All the protective clothing to be washed using good quality of water.
 - Good Quality of Detergent/ Soaps to be used.
 - To be washed separately from other house hold clothes (especially clothes of person suffering from illness).
 - Sun Drying of Clothes to be done in a dust free conditions to prevent the contamination from dust.
 - The protective clothing provided for high hygiene areas to be brought from homes in secure and properly covered condition, protective clothing is covered in the polythene bag which is provided by company.

5. Reporting:

6. Personal Hygiene Checklist.

Prepared by:		Approved by:	
Read, Understood and Approved By FSMS Team			

