



ISKCON®
FOOD RELIEF
FOUNDATION



annamrita

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Food as Pure as Nectar

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ISKCON Food Relief Foundation NEWSLETTER

Shout Out

Waki region get meals through Ambit Oditi Foundation

Ambit strives to be India's premier Investment Bank by focusing on providing innovative tailor-made solutions with a holistic view of client needs.

Ambit Oditi Foundation is a not-for-profit trust run by Ambit. It is committed towards creating life skill sets among the rural and urban poor, i.e. people who are essentially school dropouts or who could not pursue formal education. The Oditi Foundation also helps assist support staff and their children and families with education as well as medical expenses and training for their spouses, thereby positively impacting their monthly household income.

Ambit Oditi has been supporting the Annamrita Foundation for the last 3 years by sponsoring Mid Day Meals in the tribal belt of Waki area. Approximately 300 children from the surrounding villages get meals thanks to the sponsorship of Ambit Oditi Foundation.

Waki is a Village in Vikramgad Taluka in Thane District of Maharashtra State, India. Waki state has a high level of malnutrition and drop out rates prevalent in the schools of that region. Children come from distant villages and at most times on an empty stomach to school.

Annamrita meals provide sustenance and motivation to get the children to school. These meals come fortified with all the necessary vegetables, ghee and pluses required for a wholesome meal.

"We at Ambit believe that We can't solve world's hunger problem. But what we can do is to embark on a journey where we enable and aid a few in their learning and educational journey through adequate food & nutrition."- Siddhartha Rastogi - Director, Ambit Capital Private Limited



M*Modal Supports Wada



M*Modal offers top ranking cloud based front end-speech recognition solutions for all medical specialties to accurately and quickly document directly in over 100 compatible EHRs.

Their cloud-based clinical documentation solutions connect workflows for efficient and accurate speech recognition, medical transcription, CDI, and coding.

M*Modal technology and services optimize the transcription process for customers and clients. Driving documentation workflow for this critical step, M*Modal Fluency for Transcription takes the onus off physicians by empowering transcriptionists and editors to produce more accurate, timelier reports.

For the second year M*Modal has been supporting the Annamrita project as part of their CSR activities. For the year 2017-18 M*Modal has sponsored 3,858 children in the Palghar region with healthy and wholesome Mid Day Meals. These children require these meals as a form of sustenance as malnutrition levels are very high in these regions. For most of these children the Annamrita meal will be the one wholesome meal they get in the entire day. We thank M*Modal for their continued support and look forward to collaborating with them in the future as well.

Events

Eye check-up camp for employees

ISKCON Food Relief Foundation(IFRF) Wada organised an Eye Check-up Camp in collaboration with Bhaktivedanta Hospital - Mira Road for IFRF –employees. More than 100 people comprising of employees as well as residential people of neighbouring Kalamakhand village had their eyes checked at this camp. The people who were diagnosed with cataract problem, Bhaktivedanta Hospital is going to operate and treat them free of cost. Also spectacles were provided to 13 people in this camp. ISKCON Food Relief Foundation – Wada team and Bhaktivedanta Hospital - Mira Road team worked hard to make this camp successful. Bhaktivedanta Hospital is the 1st NABH accredited Hospital from Dahanu to Borivali.



The origin of Bhaktivedanta Hospital & Research Institute lies in the vision of a few dedicated doctors. Way back in 1986, immediately after completing their specializations in various medical fields a few like-minded doctors had a dream to collectively provide quality healthcare to the medically deprived people at a very affordable cost. This group of doctors began their endeavor by taking medical camps to various areas in and around

Maharashtra to serve the many who had virtually no access to modern medical care. After years of dedicated service to thousands of patients 'Sri Chaitanya Clinic' (also known as Bhaktivedanta Clinic), a small clinic in Mira Road, in a distant suburb of Thane, near Mumbai was born. Time has seen the 7-bed clinic transform in to a state-of-the-art 150-bed hospital catering to the domestic & international community.

Tree Plantation Drive

The state government's ambitious project of planting four crore trees was launched on Saturday. The project was launched at Coastal and Marine Biodiversity Board, Airoli, by Chief Minister Devendra Fadnavis who planted a Tamhan, biologically called Lagerstroemia speciosa, the tree is ornamental and is believed to have medicinal value as well.

Annamrita Foundation also did their bit for ensuring that mother nature thrives with more trees by participating in this tree plantation drive. The Annamrita Foundation organized a Tree Plantation drive in Wada on 8th July, 2017. We conducted this activity in 8 schools of Wada in which we have planted 69 trees of different varieties like Kanchan, Bahava, Aamla, Aapata, Khaycha, Karanj, Anjan etc. Schools were excited about this event and the children and staff both participated heartily.

“We have given the responsibility of each and every plant to individual students so that the students personally take care of the plant and ensure it not only survives but also thrives.” said Mr Raju Nair – Annamrita Branch Manager, Wada & Palghar region.





Tasty Bytes

DAL RICE: AN INSEPARABLE PART OF MY LIFE

As a person with a penchant for trotting the globe for food, as unbelievable as it may sound, but my favorite plate of food is the modest meal of home cooked dal (yellow lentils) sans the tadka and steamed rice. The simplicity of the meal, its delectable appeal and nutritional importance struck my life early on and since then has remained with me.



My earliest and also the fondest memory related to food is when my nani (maternal grandmother) fed me. It wasn't a fancy feast but a bowl of thick toor (pigeon pea) dal topped over softened, almost paste like consistency rice; a dish popularly termed as varanbhaat in my native land of coastal Konkan region. The dal was merely boiled, coarsely pureed and flavoured with salt & turmeric. Occasionally, she would drizzle the dish with a spoonful of tuj or ghee. My nani would feed dal rice to me by cooking up a story that Mowgli, my favourite fictional character from The Jungle Book, back then consumed it, so I should eat dal rice. But in the guise of this excuse she was only ensuring I receive nourishment with a balanced meal of carbohydrates, proteins and fats, ideal for my delicate digestive system.

Time and again this meal surfaced at different junctures in my life. During my teenage years when I was hit with an intestinal complication, the only food that came to my rescue was dal rice. This meal proved a saviour in the form of my sustenance during my recuperation period. Thus, it came as no surprise that when I learnt how to cook I opted to learn my grandmother's dal rice recipe before anything else. And, till date dal rice is an inseparable part of my life.

I am pleased to know that this simple, nutritious meal of dal rice is being provided by Annamrita to 1.2 million students in need of wholesome food in various municipal schools across the country daily. So, I humbly request everyone to join hands with Annamrita in their noble cause to reach out to more such children and help secure not only their health but also their future.

ABOUT THE BLOGGER :

Saher Khanzada is a marketing professional who pursues her passion for the world of food through her personal blog, www.thebombayglutton.com. Her blog has been recognised with awards two years in a row at the coveted India Food Bloggers Awards.



Rotary Clubs from District 3141 have sponsored 15765 children with Mid Day Meals for Rotary Year 2017-2018

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Annamrita is looking out for talented and committed individuals to join us as volunteers or full time employees for various vacancies we have at the moment. We also require individuals with strong Sales skills to promote our cause and help us to raise funds. For more information about these profiles or Internships please contact Dilzad on dilzad@annamrita.org